

GULF DEFENDER

WING MISSION: TRAIN THE WORLD'S BEST AIR SUPERIORITY TEAM FOR THE AIR FORCE
WING VISION: TEAM TYNDALL - TAKING AMERICA'S PREMIER AIR SUPERIORITY TRAINING INTO THE 21ST CENTURY

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Oct. 26, 2001

SATAF III moves toward smooth F-22 beddown

STAFF SGT. DAN NEELY

325th Fighter Wing public affairs

With a continual eye on a smooth F-22 beddown process, Tyndall Air Force Base played host to the third Site Activation Task Force conference Oct. 16-18. Held every six months or as needed, a total of six such events are slated.

The meeting brought together more than 70 people from the Air Force and F-22 prime contractors. That group included integration teams from Nellis AFB, Nev., and Langley AFB, Va., as well as officials from the F-22 System Program Office at Wright-Patterson AFB, Ohio, directorates at Headquarters Air Education and Training Command and Air Combat Command, and contractors from Lockheed Martin Aeronautics Company, Boeing Military Aircraft and Pratt and Whitney.

According to Lt. Col. Robert Hinkle, chief of the 325th Fighter Wing F-22 Integration Office, the primary objective of SATAF III was to iden-

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Gary Ell

Take me out to the ball game

The U.S. Air Force Honor Guard from McGuire Air Force Base, N.J., present the colors at Yankee Stadium during game four of the American League Championship Series Sunday night. More than 90 airmen from the area were honored during the pregame celebration.

Chairman asks troops to prepare for hardships

SGT. 1ST CLASS KATHLEEN T. RHEM

American Forces Press Service

WASHINGTON, — Fighting terrorism is the most important thing America's armed forces have been asked to do since World War II, the military's top officer said.

"Everything else, at least for the next couple of years, will probably pale in comparison to efficiently and effectively carrying out the orders that the president of the United States has given us," said Joint Chiefs Chairman Air Force Gen. Richard Myers.

General Myers, in an American Forces Radio and Television Service interview to be broadcast to U.S. forces

overseas, said he's counting on troops to stay focused on their missions and to take care of themselves and their comrades.

He warned that America is entering a whole new era of military engagement and that servicemembers should be prepared for long tours of duty away from home.

"We are at war," General Myers said. "We will stretch the force, and I would just hope the force is going to understand that ... this is a global war on terrorism. It is defending what every soldier, sailor, airman, Marine (and) Coast Guardsman said when they raised their right hand and they took their oath — to defend and support the

Constitution of (these) United States.

"I mean we're defending freedom in the most specific and the broadest sense of that word," he added.

The general said there's no question in his mind that there will be personal hardships among servicemembers and their families. But, he added, he and the rest of the Joint Chiefs will do their best to mitigate that impact.

"Our job is going to be to try to balance our war on terrorism with our exercise programs and everything else that we have going on, and try to balance it in a way that puts the minimum hardship on our people," he said. "But

●SEE HARDSHIPS PAGE 5

Be cautious, be safe: the threat is real

BRIG. GEN. WILLIAM F. HODGKINS

325th Fighter Wing commander



The threat of terrorism and our resulting increased security posture has made for uncertain and stressful times. One area

that has caused concern for everyone is the threat of anthrax. It is our responsibility to make sure everyone has information concerning anthrax and how best to detect and protect yourself against it.

A number of facilities in communities around the country have received anthrax threat letters. Most were empty envelopes; others contained powdery substances. A few have actually contained live anthrax.

Recently, a few well-publicized cases of anthrax exposure and infection have resulted from people handling mailed letters and packages.

There are several key ways you can identify suspicious packages and letters. Characteristics of suspicious packages



“One area that has caused concern for everyone is the threat of anthrax. It’s our responsibility to make sure everyone has information concerning anthrax.”

BRIG. GEN. WILLIAM F. HODGKINS

325th Fighter Wing commander

and letters can include excessive postage, a poorly handwritten or typed address, incorrect/misspelled titles or common words or a missing return address. Others include a lopsided or uneven envelope or personal mail with restrictive endorsements such as “Personal” or “Confidential.”

If you receive any suspicious mail or find substances that could possibly be anthrax or some other biohazard, be sure to follow these procedures: Avoid any further contact and secure the scene. Close windows and turn off any heating, cooling or ventilation systems in the area.

Close office doors or prevent people from entering the area. Wash your hands thoroughly with soap and water and notify the law enforcement desk at 283-2254, public health at 283-7138 and bioenvironmental engineering at 283-7139 (283-7591 after hours).

At Tyndall, we’ve had a few instances where people have reported trace amounts of unknown white, powdery substances at different locations. Fortunately, each time the results proved negative and our people have responded superbly. However, we’ve

●SEE THREAT PAGE 10

Character forms essence of true heroes

CHAPLAIN (COL.) JOHN BLAIR

Air Education and Training Command chaplain

RANDOLPH AIR FORCE BASE, Texas (AETCNS) — As I reflect upon the Sept. 11 attacks on our great country, I have to ask: What intangibles do we possess to carry us through this terrible crisis? What provides us with our courage, strength, faith and resolve? What makes us who we are?

The answer is our character.

Character can be described in many different ways, but there is one person that brings it into focus for me: Rocky Blier.

Rocky was a halfback for the Pittsburgh Steelers professional football team and is a living legend. Each time he ran, a miracle unfolded before your eyes. Rocky was a monument to courage and character. Professional football scouts tagged him as follows: “Can’t win in the NFL with this kid,” “Is not capable of playing professional football” and “I don’t think this man can make a pro club.”

However, Rocky was selected 417 out of 441 football players drafted in the NFL in 1968. The Steelers picked 18 players and

Rocky was the 18th. He was the only one of the 18 that made it in pro football.

Rocky was drafted into the Army that same year and later had a foot, leg and thigh severely injured during combat in the Vietnam War. He was separated from the Army with 40 percent disability. After returning from Vietnam, Rocky attended the Steelers’ training camp. Despite the odds of his injured leg and time away from the game being stacked against him, Rocky had non-physical skills working in his favor. One coach called it heart, another courage, and a third suggested character.

Character is that intangible force that retrieves shattered dreams and deflated hopes.

Rocky’s fortitude to persevere embodies the words of Joshua 1:9, “Be strong and of good courage; be not frightened, neither be dismayed; for the Lord your God is with you wherever you go.”

Pick the biography of any man or woman who has made a lasting contribution to humanity. Some were extremely brilliant

●SEE CHARACTER PAGE 3

Action Line

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

Action Line calls are recorded and staffed through the proper agency. The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers. If you’re not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the office of inspections, 283-4646. Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

BRIG. GEN. WILLIAM F. HODGKINS

325th Fighter Wing commander

Q What’s the deal with the prices at billeting? They are raising the price \$4 for September and another \$4 for October according to billeting. Although billeting prices are still cheaper than downtown, I feel an \$8 increase is just a little bit extreme.

A In November 2000, the Air Force reduced the rates at lodging to allow major commands to spend down-funds that had built up and were not identified for specific lodging projects.

Once these funds were reduced, they approved a raise in fees in order to allow lodging operations to

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chaser, user or patron.

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The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or emailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.

●FROM CHARACTER PAGE 2

while others were courageous. But one characteristic will be present in every case: character. Every person who achieves greatness possesses it.

Character is what Dr. George Sheehan, in his book “Running and Being,” refers to when he writes, “I have character which is simply the decision to stand pain.”

He further states, “Some think of character as sprinting at the end of a race. But character is what gets you there to begin with. Character starts back in the hills with six miles still to go and you are thinking of how you can get out of it without anyone noticing. Character begins when you have 40 minutes of torture left and you’re already hurting more than you ever remember.”

Character is also what Dr. Sheehan calls the “wall” — the psychological breaking point that comes at the 20-mile mark of a 26-mile marathon. The wall is where the runner begins to fall apart. From the wall, the runner goes it all alone.

We have all been witnesses to many courageous acts during the past few weeks by people we can only classify as true heroes. So many displayed character and gave their lives in order to save others.

I challenge you to reflect on the true greatness of our Air Force. Remember: America cannot be measured by its productivity or national resources, but only by its character.



Master Sgt. Keith Reed

Right at Albuquerque

Accounting for and deconflicting aircraft, weapons directors Tech. Sgt. John O'Hearn (foreground) and Master Sgt. Bryan Weale, and 1st Lt. Kurt Rathgeb, air weapons officer, control an escort package of mixed aircraft supporting C-17 humanitarian relief operations during Operation Enduring Freedom.

●FROM ACTION PAGE 2

get back on a normal footing to pay expenses and accumulate funds for new, programmed improvements. The Air Education and Training Command directed a two-fold implementation of the Air Force-approved increase of \$8 per night per room to preclude the large increase all in one month.

The first increase was \$4 effective Sept. 1 to improve cash flow for September and the second \$4 increase, effective Oct. 1, was put in place to reach the new AETC lodging rates for all rooms. The new rates will ensure that lodging operations maintain current Air Force standards and provide for much needed funds to improve facilities and replace furnishings.

Air Force Personnel Center offers guidance to civilians nearing retirement

STAFF SGT. MATT MILLER
Air Force Personnel Center

RANDOLPH AIR FORCE BASE, Texas - In five years, more than 60,000 members of the Air Force's civilian staff will be eligible for retirement or an "early out."

Personnel officials encourage civilians who want to retire in the near future to plan ahead, seek counseling early and take advantage of the wealth of information on the Benefits and Entitlements Service Team (BEST) home page.

"Often, the hardest decision about retirement is choosing the date. The first step is to determine when you're eligible," said Barbara Ellis, retirement unit supervisor.

General retirement eligibility is based on age and length of service requirements of the employee's retirement program. Since the system assumes all of an employee's service time is creditable for retirement, employees who previously took a refund of their retirement contributions or owe a deposit for temporary service

"Often, the hardest decision about retirement is choosing the date. The first step is to determine when you're eligible."

BARBARA ELLIS
Retirement unit supervisor

or military service need to consult with a benefits counselor.

"Once you've determined your eligibility date and select a tentative retirement date, you can begin to prepare for your retirement," said Mrs. Ellis.

After an employee decides to retire, they can obtain an estimate of how much their monthly retirement pay will be by accessing the personal retirement information site at www.afpc.randolph.af.mil/palacecompass/BEST/retiring.htm or call (800) 997-2378 to speak with a benefits counselor and obtain retirement counseling, said Mrs. Ellis.

The BEST team recommends employees submit their retirement package to AFPC at least 90 to 120 days before their retirement date.

Mrs. Ellis explained there are many factors to consider in planning retirement, such as whether to carry survivor benefits and life and health insurance into retirement; how to handle sick leave credit and

lump sum annual leave; Thrift Savings Plan withdrawal options, direct deposit options and income tax liability payment.

For questions or counseling, employees should speak to a benefits counselor by calling (800) 997-2378 or Telephone Device for the Deaf (800) 382-0893. If calling within the San Antonio area, employees should call 527-2378 or TDD 565-2276. Counselors are available weekdays from 7 a.m.-5 p.m. Central Time. The best times to reach a counselor are between 8-11 a.m. and 1:30-4 p.m. CST.

Civilian employees at bases not serviced by AFPC or bases providing limited servicing need to contact their local civilian personnel flights for retirement services.

In Brief

Pizza delivery procedures


Pizza delivery is now available for Tyndall Air Force Base. The following guidelines explain how the delivery system will work while Tyndall remains in a heightened state of security.



- South side — Base housing, dormitories: Pizza drivers will enter the installation at the visitors' center (or Illinois Gate after 6 p.m.) and provide the guard or entry controller the name and phone number of the customer. Security forces will then call the home or office of the customer and verify delivery. Once verified, the driver will be allowed to proceed unescorted.


Unescorted deliveries will be allowed to addresses where the phone number begins with the 283 or 286 prefix only. If any other number is provided, the customer will be instructed to pick up their pizza at either the visitors center or Illinois Gate.

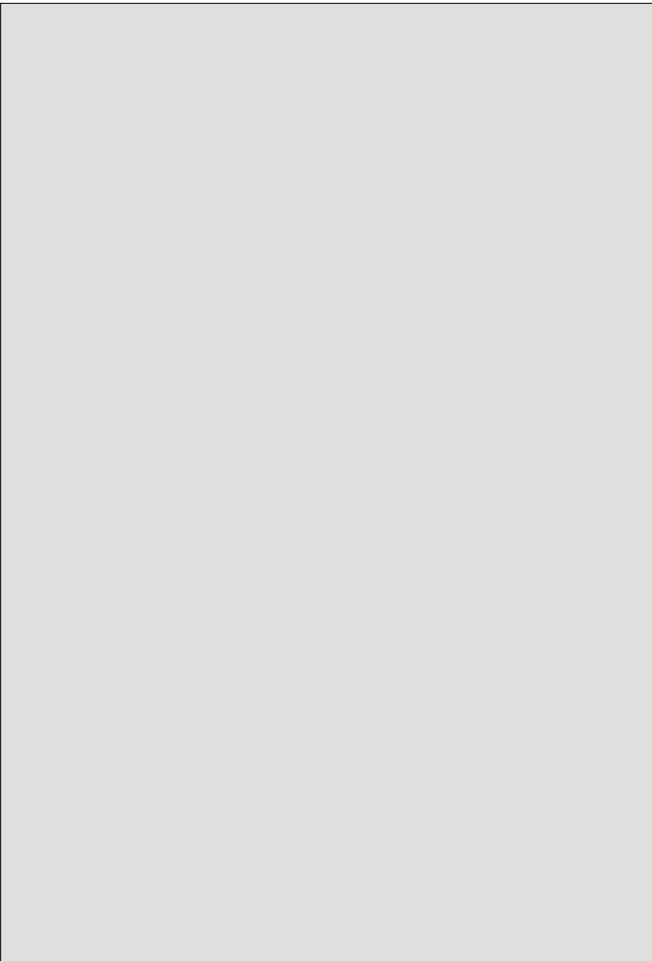
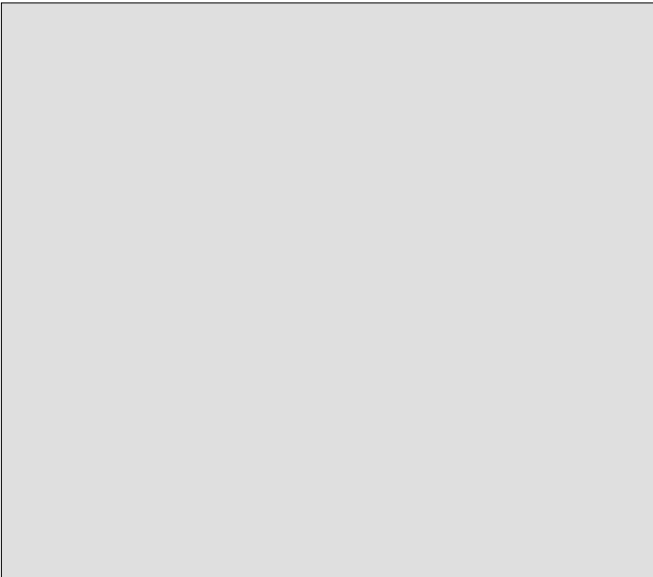
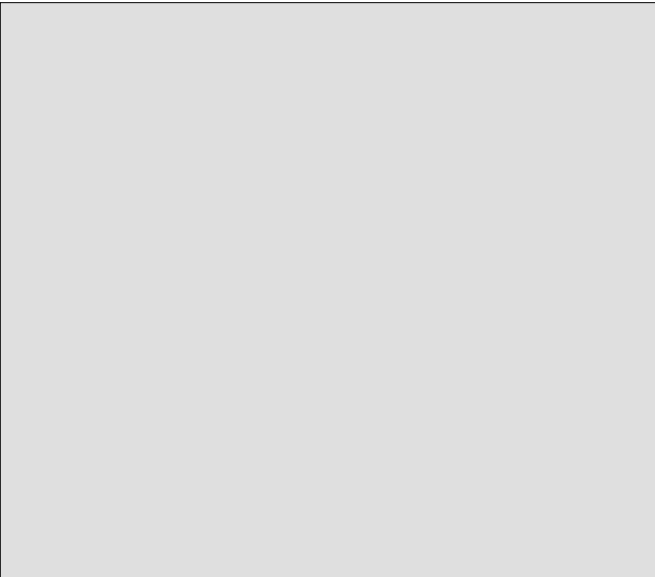
- North side — Flightline: Same procedures as the south side of base, but the customer will physically meet the driver at the visitors' center or Illinois Gate. Pizza delivery vehicles will not be allowed on the north side without an escort. Delivery vehicles will not be permitted to wait at the Tyndall Gate.



Thinking about getting out?
Think again!

Get the facts first. Call Chief Master Sgt. Ron Georgia, 325th Fighter Wing career assistance adviser at 283-2222.





Tyndall firefighters inform, educate community

Fire awareness, prevention more than just an annual observance for Tyndall troops

STAFF SGT. ROEL UTLEY
325th Fighter Wing public affairs

People will turn clocks back one hour Sunday getting out of day light-saving time. In addition to changing clocks, this is the best time to check your smoke detectors.

“The best way to prevent a fire is to have an installed, working smoke detector,” said Bobby Richardson, 325th Civil Engineer Squadron’s base fire inspector. “People should change their batteries (or test permanent smoke detectors) every time they change their clocks. Often times, people will take the battery out of their smoke detector to use it somewhere else, or they will

rip the smoke detector out of the wall when they cook something a little too long and set it off.”

Fire Prevention Week, which was earlier this month, focused on the three major causes of fires in the home — cooking, heating and electrical fires. These types of fires are among the nation’s leading causes for home fires, accounting for an annual average of nearly 50 percent of home fires and almost one-third of associated fire deaths.

Parents and kids are encouraged to com-

plete a home fire-safety inspection together. Free home fire-safety checklists that can help families conduct a thorough inspection are available at the fire department.

“People think they’re safer from fire than they really are, particularly in their home.”

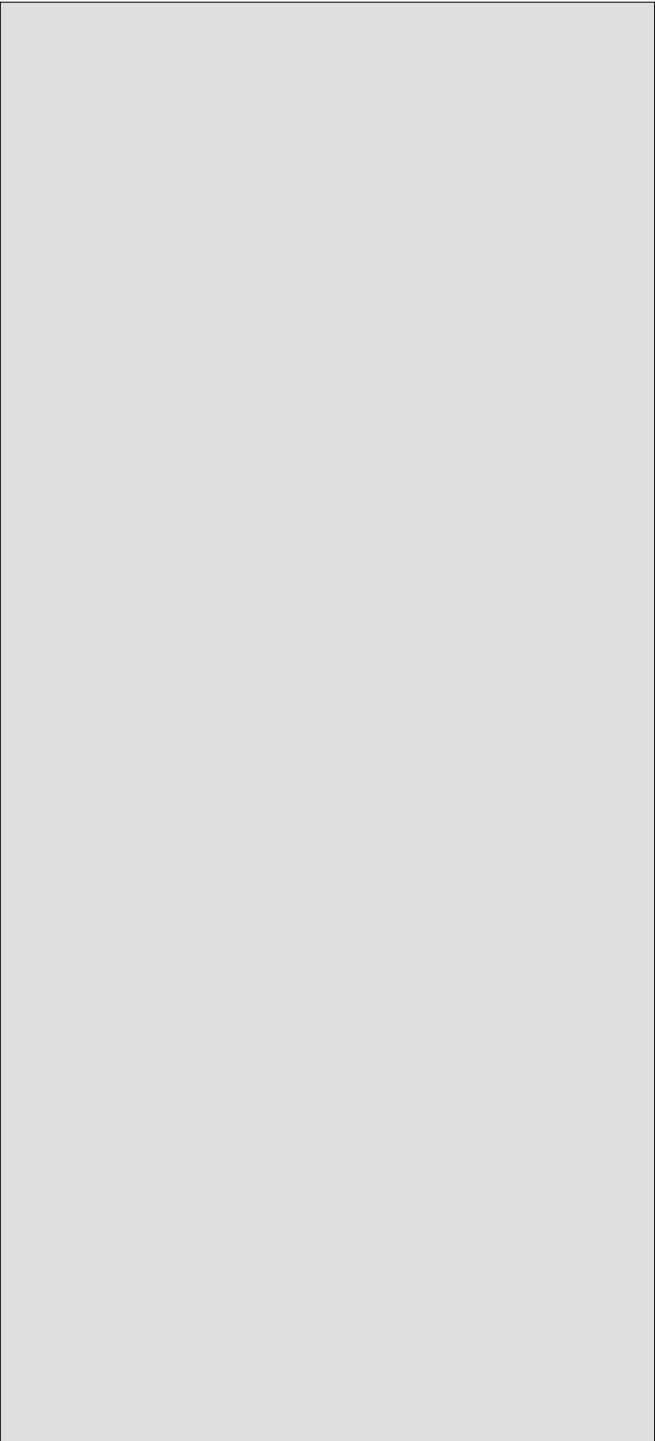
BOBBY RICHARDSON
Tyndall fire inspector

As a result, they often lack basic information on how to prevent fires,” Mr. Richardson said.

According to the fire inspector, fire safety shouldn’t be a periodic thought. “You

should practice fire safety every day. Don’t forget the threat right in your own home.” Mr. Richardson suggests everyone should have a multipurpose fire extinguisher in the home and every family should have an escape plan with two ways out of every room in the home. But having an escape plan and never putting it to the test is as useful as not having a plan at all. Escape drills should be practiced occasionally.

“By learning where home fire dangers exist and taking some simple precautions, Tyndall residents can greatly reduce their risk,” Mr. Richardson said. Call Mr. Richardson for more fire-safety information at 283-2909.



●FROM HARSHIPS PAGE 1

I hope the troops out there understand, this is really the most important task I’ve been assigned since I’ve been in the military.”

The chairman also asked servicemembers’ families to stand strong.

“You’re part of it, too, just like you always are,” he said directly to families, then added, “so I would ask for their support of the servicemember piece of their family and we’ll get through this just fine.”

Deployed servicemembers also need to make every effort to communicate with family members back home.

“If you’re overseas particularly, your family’s going to worry about you, so communicate with them as you can,” General Myers said. “If you have access to e-mail, then e-mail them. Write letters the old-fashioned way. But stay in contact, because, naturally, moms and dads and spouses are going to worry about members forward deployed. So, as you can, reassure them.”

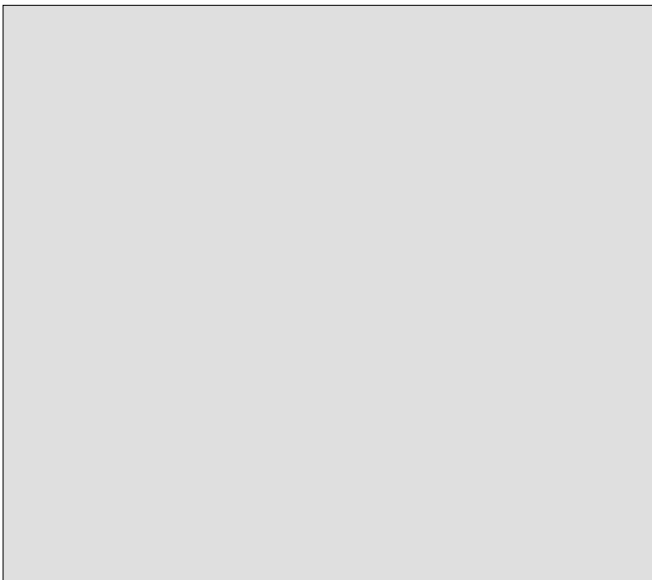
But most of all, he wants troops to believe in what they’re doing. “If we’re successful, then our nation will be victorious, and in the end, freedom will be victorious,” General Myers said. “And that’s what it’s all about.”



ARTICLES15

The following 325th Fighter Wing members received non-judicial punishment in September. This information is published as a deterrent and to familiarize airmen of actions that can result in disciplinary actions.

- A 2nd Fighter Squadron airman first class who previously received an Article 15 for driving on a suspended license and failing to obey a traffic signal recently violated Article 92, two specifications, failing to obey a lawful regulation. On the previous Article 15 the individual was given a suspended reduction in rank to airman, which was vacated because the airman failed to remedy financial problems and failed to obey a lawful order. The vacation action caused the individual to be reduced to the rank of airman.
- A 325th Communications Squadron technical sergeant violated Article 92, two specifications, for viewing pornographic images on a government computer and for failing to correct personnel who violated military standards. The individual received a suspended reduction in rank to staff sergeant and twelve days extra duty.
- A 325th Mission Support Squadron airman violated Article 91, disrespect toward a non-commissioned officer, Article 92, failure to obey a direct order and Article 134, verbally communicating indecent language to a non-commissioned officer. The individual received a reduction in rank to airman basic.
- A 325th Maintenance Squadron airman first class violated Article 128, unlawfully striking an Air Force member. The individual received a suspended reduction in rank to airman, forfeitures of \$150.00 pay per month for two months, 20 days extra duty, and a reprimand.
- A 325th MXS airman first class violated Article 128, unlawfully restraining an Air Force member. The individual received a suspended reduction to airman, forfeitures of \$150.00 pay per month for 2 months, 10 days extra duty, and a reprimand.
- A 95th Fighter Squadron airman first class violated Article 128, unlawfully striking another person. The individual received 28 days extra duty.
- A 325th Security Forces Squadron senior airman violated Article 92, two specifications, failure to obey a lawful general regulation by displaying jewelry through the tongue and not obeying a lawful order. The individual was given a suspended reduction in rank to airman first class, forfeiture of \$100.00 pay per month for two months, and a reprimand.



Commissary pumpkins offer festive, nutritious fall fare

CHERIE HUNTINGTON
Defense Commissary Agency eastern region

The best pumpkin patch in town might actually be surrounded by concrete walls, as commissaries pledge to make sure customers find “produce beyond compare” whenever they shop. Whether it’s pumpkins, squash or apples for holiday decorating or cooking, military shoppers will find what they need at their local commissary.

“The variety, quality and selection of pumpkins and squashes in our commissaries are always a draw at this time of year,” said Polly Ring, a member of the Defense Commissary Agency’s produce team at DECA Headquarters in Fort Lee, Va.

Whether they’re for decorating or cooking, Mrs. Ring said the primary difference in pumpkins is simply size. “Pie pumpkins are the smaller varieties you can cook to

make pumpkin pie and other favorite recipes,” she said, adding that two to five-pound Sugar or New England Pie pumpkin varieties head the list.

Though their names sound sweet, pumpkins pack a nutritional punch, as they are low in calories and fat but rich in complex carbohydrates, fiber and beta-carotene. Roasted pumpkin seeds are high in fat but also high in protein — perfect for a snack or salad topping.

For shoppers wondering how to select the tastiest pumpkin for cooking, Joan Drawdy, a Navy dietician with Naval Hospital Pensacola, Fl., offered a few tips.

“When selecting pumpkins and squash for consump-

Pumpkin Recipes

Roasted Pumpkin Seeds

Separate seeds from pulp, spreading in a single layer on a parchment-lined baking sheet. Discard any damaged or shriveled seeds, but don’t remove all the bits of pulp from the seeds, as this makes them sweet and flavorful. Sprinkle lightly with coarse salt or salt-free seasoning. Bake in 350-degree oven for 5-10 minutes. The aroma of the toasted seeds indicates when they’re ready.

Spiced Pumpkin Seeds

3 tablespoons sugar, ¼ teaspoon cumin, ¼ teaspoon cinnamon, ¼ teaspoon ginger
Mix all the above ingredients in medium bowl. Heat 1½ tablespoons oil in large, nonstick skillet on high heat. Add pumpkin seeds and 2 tablespoons sugar; cook until sugar melts and begins to caramelize – less than 1 minute. Add to bowl with spices, stirring to coat well. Cool.

tion, select those heavy for their size,” Mrs. Drawdy said. “Look for smooth rinds free of cracks, bruises, dents or soft spots. The rind should have good color but appear dull, not shiny, which is a sign of premature harvest.” She suggested seeking a pumpkin with the stem attached. “Store it in a cool, dark place, but do not refrigerate,” she said. “Also, vegetables carved for decorative purposes should not be used for food.”

Large, decorative pumpkins, often favored as jack-o’-lanterns, aren’t usually the most edible pumpkins anyway, according to Mrs. Drawdy. “Pumpkins best suited for carving, known as field pumpkins, have thin walls and fibrous flesh,” she said. “They don’t make for good eating, except for their seeds.”

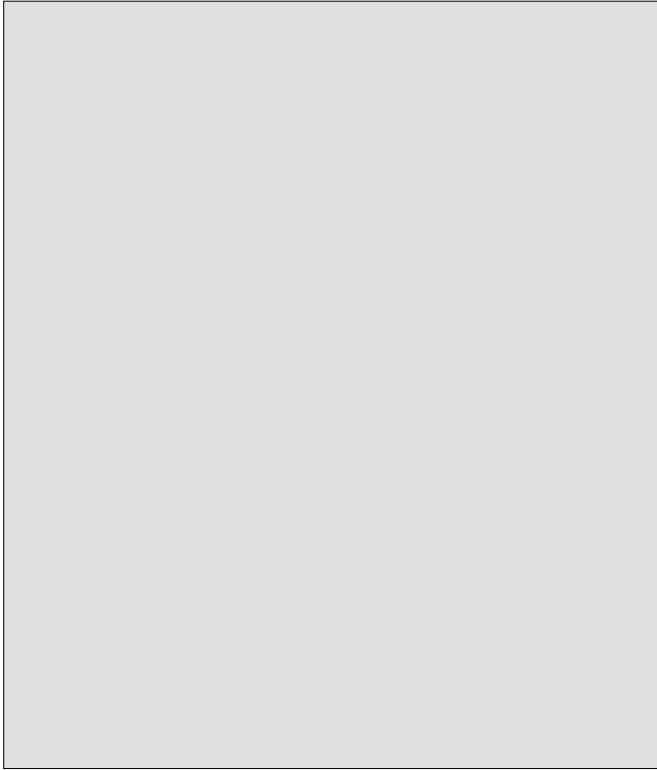
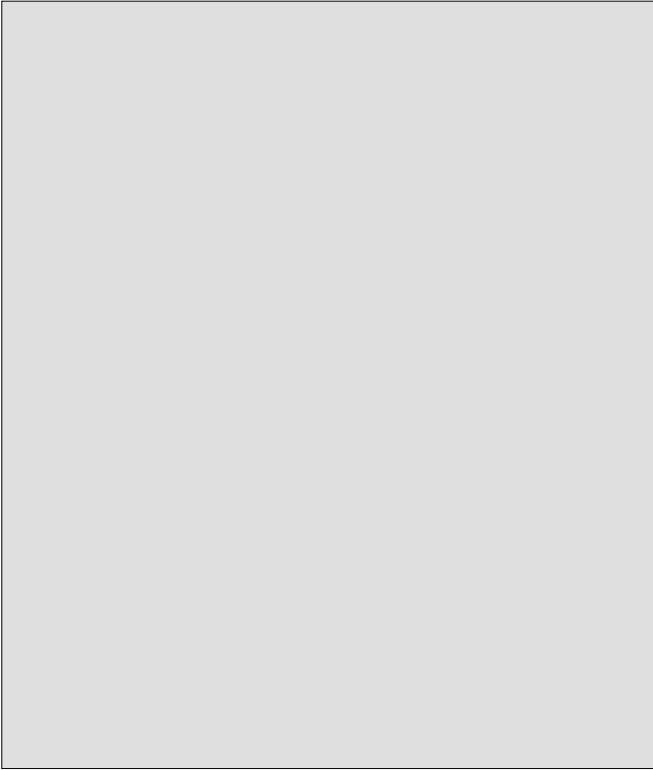
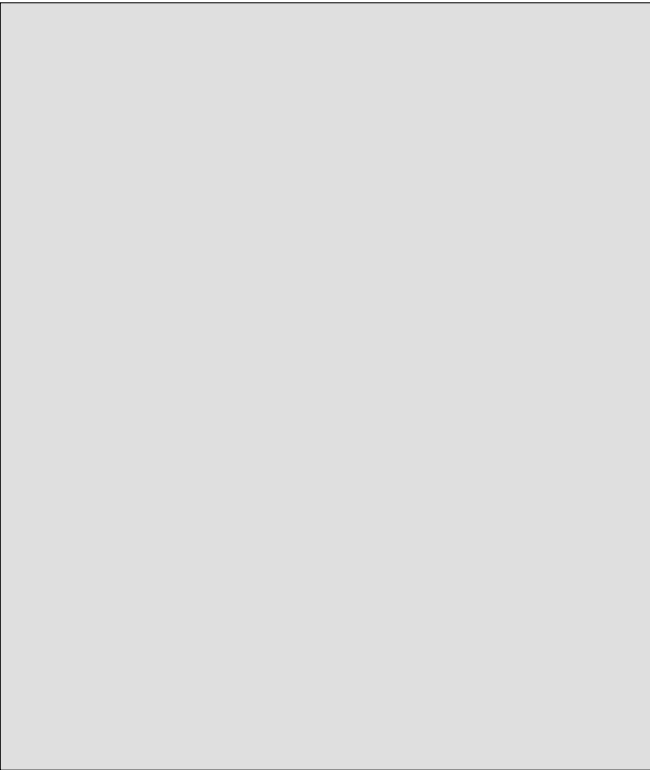
Check out DECA’s Web site at: www.commissaries.com for more than 800 on-line recipes for pumpkin, from cakes and breads to pumpkin butter. Just click on “Links” and then type “pumpkin” in the searchable recipe archives.

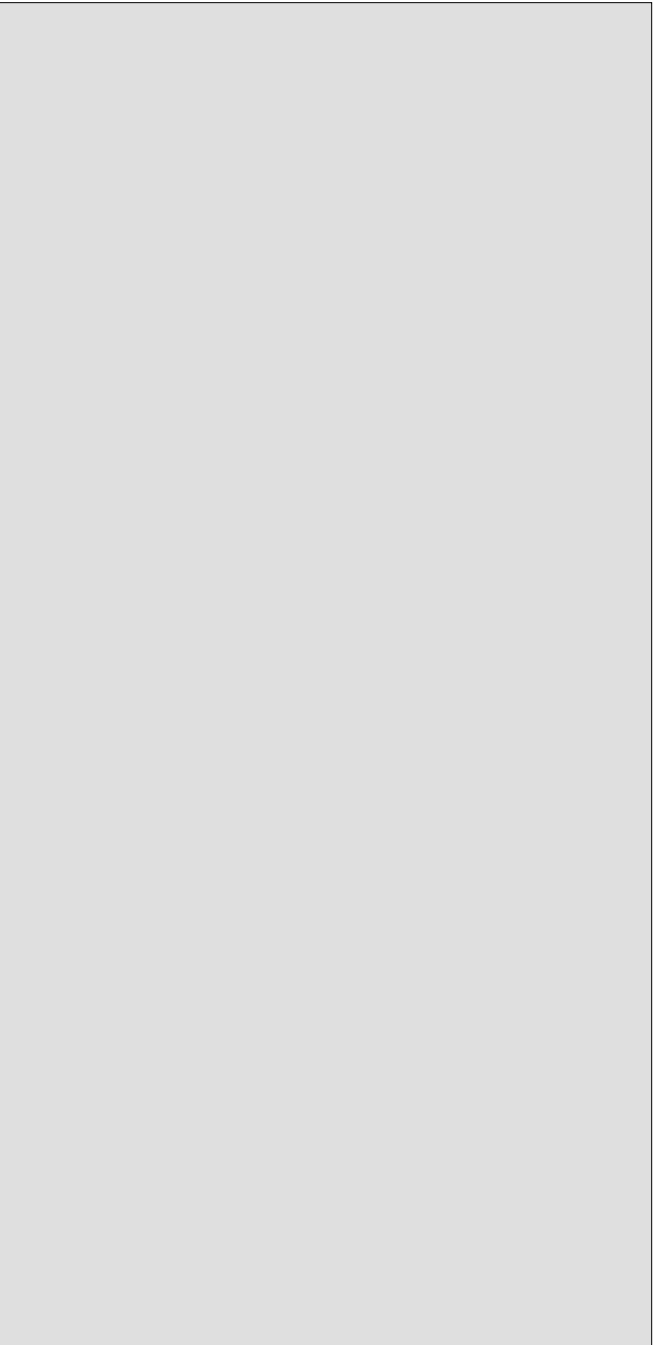
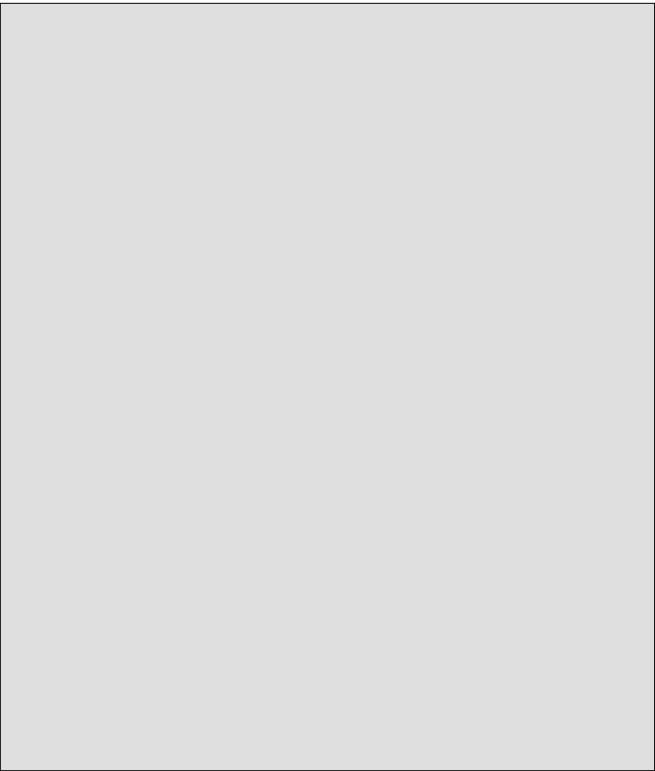
To purchase a pumpkin, swing by the Tyndall Commissary, open 9 a.m. to 6 p.m. Tuesday, Wednesday, Friday, 10 a.m.-7 p.m. Thursday, 8:30 a.m.-5 p.m. Saturday and 11 a.m.-4 p.m. Sunday.



Courtesy photo

Pumpkins, which are traditionally used for carving and making pies during the Halloween season, offer many nutritional benefits.





●FROM F-22 PAGE 1

tify action items required to ensure a smooth F-22 beddown here. He said the event focused on integration of various requirements dealing with F-22 operations training, facilities, communications, logistics support and training, security issues and creating workarounds to alleviate problems associated with bedding down the F-22.

“Each conference has been more productive than the last, and this meeting was the best to date,” Colonel Hinkle said. “Pilot and maintenance training are currently the biggest challenges to the beddown, but the integration office is confident these hurdles will be overcome during the next 16 months prior to arrival of the first F-22 aircraft.”

The colonel said the F-22 academics facility holds the most crucial link in the pilot-training process because it houses the simulators that replace training previously performed during initial missions for two-seat versions of F-15 aircraft. Maintenance training, he said, is also critical because the Air Force will not begin “growing its own” F-22 maintainers until the schoolhouse stands up at Sheppard AFB, Texas, in 2008.

Tyndall’s primary F-22 milestone is the arrival of the first Raptor aircraft in February 2003. Colonel Hinkle said the 325th FW is on track to activate the Air Force’s first F-22 fighter squadron and support this milestone with trained personnel and the proper equipment and facilities.

“While there are many challenges with establishing the operations and support capabilities necessary to train F-22 pilots, the wing has established a competent team of experts to develop and execute a wide variety of activities,” the colonel said. “The bottom line is the Checkertail Clan will continue its tradition of excellence when the F-22 is added to the wing’s Formal Training Unit mission.”

Tyndall celebrates Red Ribbon Week with community

COURTESY OF THE 325TH
DRUG TESTING OFFICE

The Annual Red Ribbon Celebration, which runs through Wednesday, is a drug-awareness event celebrating a drug-free lifestyle. Red Ribbon Week provides us with an opportunity to renew our commitment to a healthy and drug-free lifestyle and show dedication to education and prevention efforts in our schools and communities.

Red Ribbon Week came about as the

result of the tragic murder of a Federal Drug Enforcement Agent, Enrique Camarena, while he was investigating Mexican drug traffickers. His death became a catalyst for action.

The red ribbon is worn in honor of the blood that was shed; in honor of the life that was sacrificed in service for others. We wear the red ribbon as a stop sign — stop the violence of drug use. We wear the red ribbon to attract attention — to focus our attention on a common cause. We wear the red ribbon as a promise – a promise

to maintain our own commitment to the health and safety of ourselves, our families and our young people.

Team Tyndall is working with the Domestic Violence and Substance Abuse center from 9 a.m. to 4 p.m. Saturday in recognition of the week, according to Tyndall drug-testing officials. Anyone interested in volunteering is welcome to attend. Volunteers will help man booths, paint faces, etc.

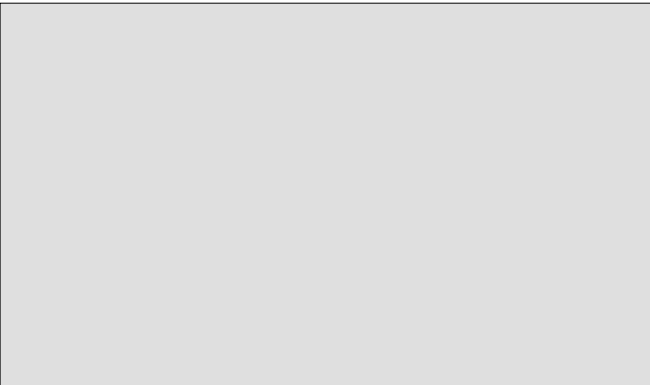
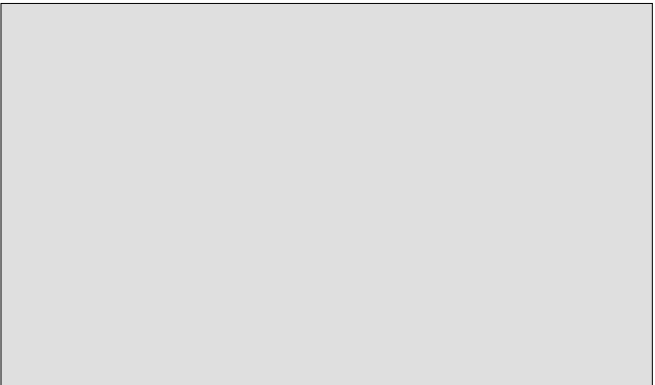
For more information, contact the drug testing office at 283-7251.



Staff Sgt. Dan Neely

Spider beside her

Taelor Shryock, age five, shows off her ‘itsy bitsy spider’ she made during the before and after school program at the Tyndall Youth Center Monday.



Feature

Bargain bonanza:

Tyndall Thrift Shop offers more than meets the eye



Photos by Staff Sgt. Dan Neely

From left, volunteers Sandy Norgon and Lil Semich add more clothing items to the thrift shop's already well-stocked display racks.

STAFF SGT. DAN NEELY

325th Fighter Wing public affairs

The Tyndall Air Force Base Thrift Shop is a quiet little store, but its bumper crop of bargains makes that seem a tad ironic. The shop, located on Suwanee Avenue, directly across from the post office, is surprisingly jam-packed with adult and children's clothing, housewares, furniture, electronics, toys, books and much more.

"It's kind of surprising that people don't know we're here," said Deb Weesner, thrift shop manager, who noted the facility is usually well publicized at Tyndall. The shop, which features consignment and sales areas, is staffed solely by volunteer workers. One staff member, Lil Semich, has volunteered there more than 14 years.

Mrs. Weesner was quick to point out a rather common misperception about the shop.

"Most people seem to think the thrift shop supports only officers' wives and kids," she said. "We support all ranks of our military community and all services."

Profits are used to benefit the base and local communities, Mrs. Weesner explained. In addition to supporting charitable organizations throughout Bay County, the thrift shop profits help provide scholarships for military spouses and high school seniors.

The shop enthusiastically welcomes volunteers — be they enlisted or officer family members of legal age — to work at the store. The shop's operating hours have changed and are as follows:

Wednesday, Thursday and Friday, open 9:30 a.m. to 12:30 p.m. Consignment hours are Wednesday and Thursday, 9:30-11:30 a.m. Additionally, the thrift shop is now open the first Saturday of each month from 9 a.m. to noon.

Active-duty military or family members and retirees with valid ID cards can consign up to 20 items per contract each consignment day (those on permanent change of station orders can consign up to 80 items). The shop retains 20 percent on consignment sales.

"It's kind of surprising that people don't know we're here."

DEB WEESNER
Thrift shop manager



Mrs. Semich places a decorative centerpiece display on a dining table.

Mrs. Weesner said all consigned items must be clean and in good working condition, as the staff doesn't have repair capabilities. She said the shop also welcomes and appreciates outright donations of items, which they can sell at 100-percent profit. Those making such donations can leave boxes outside the shop entrance if it's closed.

People with large consigned items, such as furniture, are urged to call the shop in advance at 286-5888. The thrift shop begins accepting Christmas items the first week in November.

Tips keep trick-or-treaters safe this Halloween

The 325th Fighter Wing Safety office offers the following tips to help Team Tyndall families enjoy a safe, enjoyable Halloween trick-or-treat experience. Trick-or-treat hours on Tyndall AFB are Wednesday from 6-8 p.m.

For children:

- ☐ Carry a flashlight.
- ☐ Walk, don't run.
- ☐ Stay on sidewalks.
- ☐ Obey traffic signals.
- ☐ Stay in familiar neighborhoods.
- ☐ Don't cut across yards or drive-ways.
- ☐ Wear a watch that can be read in the dark.
- ☐ Make sure costumes don't drag on the ground.
- ☐ Avoid wearing a mask while walking from house to house.
- ☐ Carry only flexible knives, swords or other props.
- ☐ If there are no sidewalks, walk on the left side of the road facing traffic.
- ☐ Wear clothing with reflective mark-



ings or tape.

- ☐ Approach only houses that are lit.
- ☐ Stay away from and don't pet animals you don't know.

For parents:

- ☐ Make sure your children are well fed before they set out.
- ☐ Children should carry quarters so they can call home in case they stray too

far or become lost.

- ☐ Ideally, young children of any age should be accompanied by an adult.
- ☐ If your children go on their own, be sure they wear a watch, preferably one that can be read in the dark.
- ☐ When buying a costume, look for one made of flame-retardant material.
- ☐ Older children should know where to reach you and when to be home.
- ☐ Know where your children are going.
- ☐ Although tampering is rare, tell your children to bring their candy home so you can inspect it before they eat it. Look at the wrapping carefully and toss out anything that looks suspect.



- ☐ Battery-powered jack o'lantern candles are preferable to a real flame. If you do use candles, place the pumpkin well away from where trick-or-treaters will be walking or standing. Make sure paper or cloth yard decorations won't be blown into a flaming candle.

For residents:

- ☐ Make sure your yard is clear of such things as ladders, hoses, dog leashes and flower pots that can trip the trick-or-treaters.
- ☐ Pets get frightened on Halloween. Secure them safely to protect them from cars or inadvertently biting a trick-or-treater.

For drivers:

- ☐ Be alert — drive slowly and watch for children walking in the streets. (Adult Halloween partiers should have a designated driver.)
- ☐ If you park on the sides of streets, remember to leave your lights on so others can see you.

Diabetes: Millions at risk are completely unaware

MAJ. PAMELA OVERMYER
325TH MEDICAL GROUP

Nearly 16 million Americans have diabetes and probably half don't even know it. With recent changes in the guidelines for diagnosing diabetes, more people are being found to have the disease and it's being diagnosed much sooner. This is one reason for the increase in diabetes. Another is widespread obesity, a major risk factor for becoming a diabetic.

Diabetes results from the body's inability to make enough insulin or from its inability to use the insulin effectively. The result is elevated sugar levels in the body. There are two kinds of diabetes, Type I and Type II. Each has different causes and treatments.

Type I diabetes was once known as juvenile or insulin dependent diabetes. It's usually found in younger people, often diagnosed in childhood.

These people don't make insulin and need insulin shots to survive. Type II diabetes was formerly called non-insulin dependent diabetes. These people are usually older adults who are overweight or obese. They usually start to control their sugars with diet and exercise. They may require medications, and sometimes insulin, to adequately control their diabetes.

Early diagnosis and treatment is needed to prevent possible long-term complications. Diabetes can lead to

blindness and kidney failure. People with diabetes are prone to infections, especially in the feet. Sometimes these infections become so severe that the person needs an amputation. Diabetes is also one of the major risk factors for heart attacks.

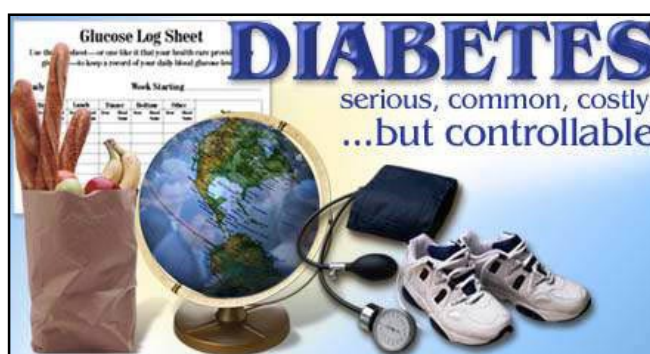
Unfortunately, people with diabetes often show no symptoms. That's why so many people don't realize they have the disease. It's often found only by accident or by routine screening, but diabetes can cause symptoms. Some are: excessive thirst or hunger, fatigue, blurred

vision, frequent urination, slow healing wounds or frequent bladder or yeast infections.

People who have these symptoms or know diabetes runs in their family, should contact their health care provider to arrange a diabetes screening. There are many benefits to early treatment.

There are also plenty of resources available to learn more about this disease. Contact the health and wellness center at 283-3826, the American Diabetes Association at (800) 342-2383 or on the Internet at www.diabetes.org.

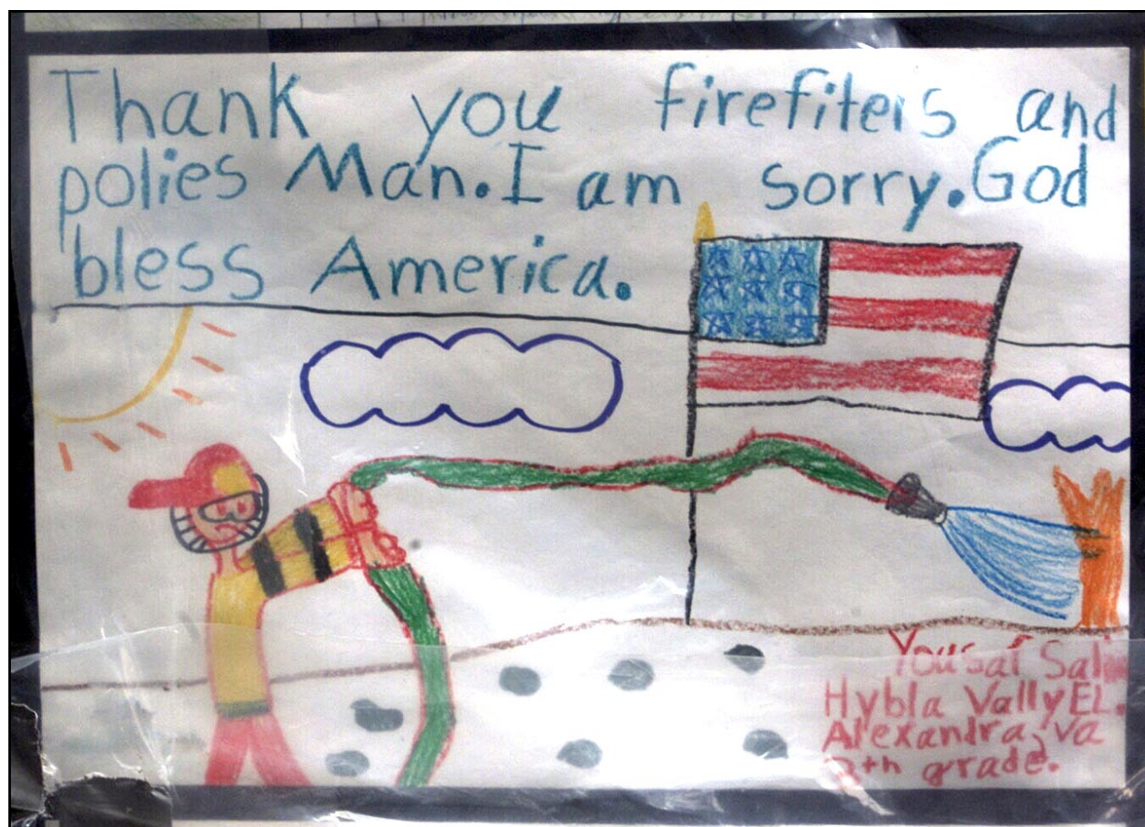
Diabetes at a glance



It's the number one cause of blindness in the U.S.

It's the number one cause of kidney failure in the U.S.

It's the number one cause for amputations in the U.S.



Chief Warrant Officer William Crow

Words of encouragement

This is one of many pictures placed outside Ladder Company 2, 51st Street, New York, N.Y., to memorialize the eight firefighters they lost at the World Trade Center.

●FROM THREAT PAGE 2

responded to situations that could have been avoided.

I applaud people for remaining alert and reporting things that raise suspicion, but careless behavior of other people, such as not cleaning up after themselves and causing our security forces, bioenvironmental engineers, fire department and disaster control group personnel to respond each time, taxes our resources significantly. Responding to a foreign substance or an unattended briefcase or package can take hours to resolve. In many instances, if people would be more alert not to inadvertently create suspicious activity, or to clean up after themselves in their workplace, these false alarms could be avoided.

So, I expect you all to do a better job of cleaning up and avoiding behavior that could create suspicion. It's as much a part

of the vigilance we all need to maintain as is reporting things that are suspicious. Remember, if you spill substances such as soap powder, coffee creamer, baby powder or any similar substance that could be generally mistaken for anthrax, be sure to clean it up immediately and completely. In light of world events, neglecting to do this will obviously invite suspicion, possibly create panic, and certainly result in us responding with significant resources that are already stretched thin to conduct the appropriate procedures necessary to ensure the safety of our people and community.

With a little common sense and concern for others and ourselves, we can greatly reduce the potential for hazards and undue false alarms throughout the Tyndall community.

Be safe and have a great week.

Some airmen missing monthly pay statements

COURTESY OF THE 325TH
COMPTROLLER SQUADRON

There is an Air Force-wide problem with changes to active-duty members' mid-month pay statements and end of the month leave and earnings statements. This problem is the result of a complication in the program code that allows information to be updated.

The problem affects members who have recently requested, or are currently requesting changes to their home address or unit address. Since these changes cannot process through the automated system, these individuals may not receive their pay statements through normal base distribution. The statements may go to the former squadron, former home address, or may not be delivered at all. Local finance officials continue to work the issue with higher headquarters, but there is no projected get-well date yet.

Affected members can visit finance to receive a copy of their pay statements. They can also apply for a Personal Identification Number to use the Employee/Member Self Service Web site and download their pay statements from the Internet. There is more information on the EMSS system at www.dfas.mil/emss/, and you can receive an electronic copy of the application to establish an EMSS PIN by sending an e-mail to: richard.magarine@tyndall.af.mil. The applications are also available in the customer service lobby at the financial services office in Building 662.

For more information, contact customer service at 283-4117.

Around Tyndall

Congratulations to the winners of the 2001 Air Education and Training Command Maintenance Effectiveness Awards.

Small aircraft maintenance: **2nd Fighter Squadron**
Logistics Support Squadron: **325th LSS**

These winners will represent the AETC at the Air Force Clements-McMullen Memorial Daedalian Weapons System Maintenance Trophy competition. Check out next week's paper for more.

All ranks, joint dining begins for Tyndall clubs

MARCIA A. ROBERTSON
325th Services Squadron marketing

The 325th Services Squadron has announced changes to the operations of both the enlisted club and officers' club. Beginning Oct. 15, the enlisted club discontinued their lunch program. A new joint-use lunch program is now offered from 11 a.m. to 1:30 p.m. for all ranks in the Bay View Dining Room of the Tyndall Officers' Club. "We now offer a hot buffet, salad bar, cold sandwich bar and hot sandwich grill," said Char Cowden, 325th Services Squadron Officers' Club assistant manager. "Each of these will be offered Monday through Friday."

Cashier operations have also been consolidated. The cashier's window is open from 9 a.m. to 3 p.m., Monday through Friday. Both officer and enlisted club members can take care of customer-service needs such as bill inquiries and payments at the cashier's window. New membership applications can be turned in there as well.

Beginning in early November, the enlisted club and officers' clubs will expand the joint-use dining concept to include evening dining. "On Wednesdays and



Marcia A. Robertson

Deborah Darby, 325th Medical Group mammographer, and her husband, Tech. Sgt. Rory Darby, 325th Medical Group NCOIC medical readiness, enjoy salad during the club's new joint-use lunch.

Thursdays, we'll have all-ranks dining from 5 p.m. to 8 p.m. at the officers' club," Ms. Cowden said. "On Fridays and Saturdays, it will be located at the enlisted club and run from 5 p.m. to 9 p.m."

The move to joint dining is in response to financial concerns. Low membership and lagging profits over the past several years

have necessitated cost-cutting measures. These factors, coupled with the current mission requirements, have prompted the services squadron to make the changes at this time. Revenues saved by implementing joint dining will allow for more equitable financial support of other services facilities. "We've had to delay some things like

buying new playground equipment for the youth center or getting boats repaired at Bonita Bay," said Lt. Col. John G. Stutts, 325th Services Squadron commander. "Cutting our losses in club operations will allow us to buy new equipment and keep the prices of our other programs low."

Tyndall will still have separate enlisted and officers' clubs. Each will maintain its own bar operation, just as in the past, and although most special functions will now be held at the officers' club, some will still take place at the enlisted club. Neither club here or throughout the Air Force has restricted its membership solely to specific military members for some time. "The clubs have not been limited to only enlisted or only officer for quite a while," said Margaret Geil, 325th Services Squadron marketing manager. "Government employees, non appropriated funds personnel and contractors have all been allowed to join the clubs for several years."

Questions about these changes to the clubs should be directed to Jerry LaFrance, 325th Services Squadron business operations flight chief by phoning 283-4054.

In Brief

Glow light sticks

The wing safety office will be handing out free glow light sticks 10 a.m.-2 p.m. Monday and Tuesday at the base exchange to increase children's visibility during the Halloween trick or treating hours.

Service station hours

Due to the weekday traffic situation, the Tyndall Service Station will be temporarily opening at 6 a.m. For more information, call 286-5826.

Pocket cards may assist against attacks

STAFF SGT. AMY PARR
Air Force Print News

WASHINGTON — In light of recent terrorist activities, and with the threat of more on the horizon, Air Force leaders developed an informational pocket card on potential biological and chemical attacks.

"The threat of terrorism and our heightened security measures have made these very stressful times for all of us," said Gen. John P. Jumper, Air Force chief of staff. "Even through we may not know what the future holds, it is our responsibility to prepare for the full spectrum of

threats and possible terrorist actions."

Some actions may include chemical and biological events, he said.

Although the card is not meant to answer all questions when dealing with biological and chemical agents, General Jumper said it is "very basic and easy to carry," and might help someone survive when faced with an emergency situation.

The card, scheduled to be delivered Air Force-wide by the end of the month via the medical community, gives guidance for actions after attacks in both indoor and outdoor situations.



Tech. Sgt. Jim Varheygi

Air Force leaders plan to distribute an informational pocket card.

The Gulf Guide

Your link to what's going on in the Tyndall community

This Week

October 26
Red ribbon celebration
Early Childhood Services will host a Red Ribbon celebration 9:30 a.m. today at McKenzie Park to demonstrate drug intolerance in schools, work places and neighborhoods. Refreshments will be provided and the general public is welcome to attend. Red Ribbon Week will be observed nationally through Wednesday.

October 29
Head Start literacy project
Early Childhood Services' Head Start Program will organize a literacy project for children of all ages 6 p.m. Monday at the Springfield Community Center. The general public is invited to attend this lap-sit story-time event with their children at no cost. Head Start Program children and their parents are encouraged to attend. The event is scheduled for the last Monday of every month, except for December, at the same time and location. For more information, call Susie Price, 872-7550, extension 2266.

'Moms, Pops & Tots'
The parent and child interaction play group, "Moms, Pops & Tots," for parents and their under-age-five children meets on Mondays. For more information and meeting locations, call 286-5812.

Boating safety course
The Coast Guard Auxiliary Flotilla 19 advanced coastal navigation class will be 6:15-9 p.m. Mondays and Thursdays in Gulf Coast Community College's Gibson lecture hall. The course runs through Nov. 29 and is limited to 12 students. There is no charge for the instruction, but a \$40 material charge is necessary for books and charts. For more information, call 215-2025 or 769-1896.

October 30
Civil Air Patrol meeting
Civil Air Patrol meetings for boys and girls 12 years old and older will be held 6-8:30 p.m. every Tuesday in Building 852. The CAP offers local and national activities with a focus on educational and professional development. For more information, call Capt. Laura Palm, 283-7594, or Master Sgt. Perry Newberry, 283-4189.

October 31
FSU open house
Florida State University will be hosting an open house for military and civilian personnel 11 a.m.-2 p.m. Wednesday in the Tyndall Education Center. FSU faculty and admissions staff will be on hand to answer prospective students' questions about degree programs and enrollment. For more information, call Bob Shaw, 283-8908.

'I Can Cope Program'
The American Cancer Society, in partnership with Bay Medical Center, will present an "I Can Cope Program" 2-4 p.m. Wednesdays, beginning Wednesday through Nov. 28 at the Bay Medical Healthplex Conference Room at the corner of Highway 77 and Baldwin Avenue. Health-care professionals and community representatives will present information and answers to cancer-related questions. For more information, or to register, call (800) 227-2345.

Yard Sales
The following yard sales are scheduled for Saturday: 2857-A Sabre Drive, 3131-B Star Circle, 3190-A Constellation Circle, 3691-A Kisling Loop and 3414-A Smith St. All yard sales are held between 8 a.m.-4 p.m.

Notes

Flight line barbershop hours
The flight line barbershop is open 7:30 a.m.-4 p.m. Monday to Friday and is closed 1-1:30 p.m. for lunch. Appointments are accepted. For more information, or to make an appointment, call 283-4917.

Chapel schedule
The following Catholic services will be held at Chapel 2: Daily Mass, 11:30 a.m. Monday-Friday; Reconciliation, after Saturday Mass or by appointment; Saturday Mass, 5 p.m.; Sunday Mass, 9:30 a.m.; religious education, 11 a.m. Sunday. Protestant services will be as follows: Communion service, 9:30 a.m., Chapel 1; general Protestant service, 11 a.m., Chapel 2.

GCCC truck driving academy
Gulf Coast Community College's Commercial Truck Driving Academy classes start each Monday. Both evening and weekend classes are available. For more information, call an admissions representative, (877) 523-6921 or (850) 265-0931.

Caution at fitness center
Due to anthrax concerns occurring nationwide, precautionary measures have

been implemented at the fitness center. Fitness center patrons are asked to use any substance such as body powder, foot powder, body building supplements or similar products in the appropriate areas of the facility only. Please make sure all residue is cleaned up and disposed of properly. If any questionable substance is noticed, alert the fitness center staff immediately.

Lost and found
The 325th Security Forces Investigation's Lost and Found has jewelry, watches, keys, wallets, pagers, bikes, glasses and automatic teller machine cards in their inventory. Anyone wishing to claim lost property can call security forces, 283-2497, between 7:30 a.m.-4:30 p.m.

Firing range restrictions
The 325th Security Forces Squadron's combat arms section cautions all to stay clear of the land adjacent to the firing range. Trespassing is illegal and dangerous. The red range flag will be flying during day firing, and the red beacon will be flashing during night firing. For more information, call combat arms, 283-2114.

Retiree News

Reduced funds
Funds are expected to become available around Dec. 1 to reimburse beneficiaries whose out-of-pocket TRICARE expenses from Oct. 1, 2000 to Sept. 30, 2001 were between \$3,000 and \$7,500. The National Defense Authorization Act lowered the annual catastrophic cap for retirees and their families. The cap was reduced from \$7,500 per family to \$3,000. However, the Department of Defense was unable to implement the change on time because there was no funding to pay for it.

The DOD reported that eligible beneficiaries would be reimbursed when funds became available. Congress included the funding in a supplemental package that was signed into law on July 24. Members should not have to apply or resubmit any claims, as the refunds should be automatic. But, beneficiaries

can request a refund of the excess above \$3,000 up to \$7,500 for the noted period by calling their TRICARE service center. The location and phone numbers are available at: www.tricare.osd.mil/tricarecenters/default.cfm. In the future, the \$3,000 retiree catastrophic cap will start automatically. For more information on the catastrophic cap benefit, call toll free, (888) 363-5433.

Identity theft protection
The Social Security Administration will no longer use the first five digits of Social Security Numbers on Social Security statements as a protection against identity theft in the event the statement is lost or stolen. Members of the retiree community are reminded to keep statements in a safe place along with their Social Security cards. For more information, visit: www.ssa.gov/mystatement/.

Base Theater



Today: "Jay and Silent Bob Strike Back" (R, non-stop crude, sexual language, drug content, 104 min.)
Saturday: "Jay and Silent Bob Strike Back"
Sunday: "Jeepers Creepers" (R, terror, violence, gore, language and brief nudity, 90 min.)
Thursday: "Jeepers Creepers"
All movies start at 7 p.m.

Feedback

I read your article this morning, and was immediately disturbed by the title of your article and one particular sentence. "The teams are usually below average, and as I mentioned above, I really prefer my mascots to be edible."

I have been an Air Force Falcon fanatic since I entered the Academy in 1984, and have maintained my loyalty ever since. So allow me to answer your question.

Fisher DeBerry is in his 18th year as head coach at Air Force. In that time, the Falcons have only experienced two losing seasons (in 1987 and 1993). The 1985 team went 12-1, and only a long touchdown by Vai Sikahema of BYU kept them from competing for a national title. Air Force finished the 1985 season ranked #5 in the UPI Coaches' Poll.

In the 1990s, the Falcons were 78-44. That's an average record of 8-4 over a ten-year period. The 1998 team went 12-1 and beat Rick Neuheisel's Washington Huskies in the Oahu Bowl.

Not to mention the Air Force Academy was 9-3 in 2000. Suffice it to say the Air Force Falcons have been good for a long time. Big 10 level? Probably not, but good enough for perennial consideration in the polls and frequent bowl appearances.

So welcome to the band wagon! As far as edible mascots go... You're from Wisconsin (Badgers), went to school at Iowa (Hawkeyes)? Sir, we need to work on your eating habits.

TECH SGT. STEVE BOWMAN

Editors note: Send letters concerning sports, life in general or topics that are on your mind to editor@tyndall.af.mil.



Tommy Baynard

Are we there yet?

With 60 miles of hiking, mountaineering and rafting behind them - but still facing 170 more miles of treacherous racing - Team America's Air Force has pulled into 13th place at the Eco-Challenge being held in New Zealand. Eco-Challenge, the world's premier expedition race, is held annually in a remote region of the world and attracts the best adventure athletes from around the globe.

The weekend that the sports world turned upside down...

2ND LT. RYAN FITZGERALD

325th Fighter Wing public affairs

ouch. Can two days of sports get any worse than this past weekend? To improve morale, the Air Force should start fixing games. I had my eye on six games Saturday and Sunday, yet only Iowa came away with a win. Every other team I wanted to win ended up looking like a high school team at the Super Bowl. Weekends like these are what keep the makers of Prozac in business.

Less than 36 hours after my column extolling the virtues of the Air Force Academy Falcons' was published, they get the worst routing in Academy history, falling 63-33 at the hands of Brigham Young University. That hurts. The Falcons have never allowed that many points in a game. I try to join bandwagons whose boats stay afloat long enough for me to jump ship when things start to go badly. Hopefully, Fisher DeBerry and the cadets will put it together to save this week against New Mexico. Maybe the foam rubber lightning bolt hat I bought will serve as a life preserver.

I figure it's ok for me to switch the teams I support on a weekly basis. In my new role as a sports journalist, I get to take cues from folks like John Madden, who is the king of backing only the winner in each game he covers. If I copy sportscasters enough, maybe one day I'll get to annoy a national audience with ridiculously lame commentary and a stupid virtual chalkboard. If I take voice lessons too, there's a chance that one day in the future you all will get to hear me spitting into the microphone while getting inappropriately excited about one above-average play or another. I might even get to use one-syllable adjectives like "pow," "bam," or my personal favorite, the indispensable "boom." I figure if they let Dennis Miller in as a sportscaster, I've got a real shot.

The Academy's demise Saturday capped an already bitter weekend that saw the Braves fall to the Diamondbacks in a killer

11-4 loss Saturday. Greg Maddux has long been my favorite pitcher in the league, ever since a game in 1991 when I watched him belt a home run to center field at Wrigley. He was so surprised he stared at

the spot where the ball landed the entire way around the bases. There's something about a guy humble enough to surprise himself with his own ability. You just have to

admire that type of person. Admired or not, he plain stunk against the D-backs in game four.

There were little leaguers in the stands thinking that they could probably out-pitch the four-time Cy Young award winner. It was uglier than Randy Johnson with a hangover. What's worse is that with the Diamondback victory Sunday, the National League representative in the October classic will be the four-year old Arizona expansion team.

And am I the only person who does not think that being in the World Series is the

Yankees' birthright? Can we spread the love just a bit? Those guys from the Bronx certainly know how to win, and they don't play dirty, as some dominant sports teams do: witness the ninety's Dallas Cowboys, I just wish that some team, *any* team could stop them. Since my beloved Cubs haven't gotten there since before my grandparents were born, and the Brewers couldn't find a pennant with a search and rescue team and a major military exercise, I enjoy seeing different teams in the Series. It gives my existence some added spice.

To sum up this miserable week in sports, I hate the Minnesota Vikings. With every cheesehead muscle in my body, with every thought of the color purple, I hate the Vikings. I hate them like a police officer hates crime, like a fighter pilot hates surface to air missiles. My little world would be improved exponentially if the Vikings were disqualified from any further NFL play. May the Vikings suffer bad calls and nagging injuries for the rest of forever, and may Daunte Culpepper get carpal tunnel in both wrists, amen.



Funshine NEWS

October 26, 2001

This page is produced by the 325th Services Marketing office, 283-4565.

Tyndall Youth Center • Fifth Annual Fall Festival

Games, food & lots of fun for the entire family!
October 26 • 6-8 p.m.



Register to win:

★Family Door Prizes

Number in parenthesis indicates number of prizes.

- (2) 4 tickets to Nov. 25 NFL game Jacksonville vs. Baltimore
- (2) \$25 Gift Certificate to Alvin's Island
- (2) 2 Tickets to Gulf World Laser Show

★Youth Door Prizes

- (1) Autographed Jacksonville Jaguar Helmet
- (3) Autographed Jacksonville Jaguar Football
- (2) Monster Mash Character
- (15) Foxtail

Sponsored in part by:

Blockbuster, First Command Financial Planning, Haribo, Jacksonville Jaguars, Klutz, No federal endorsement of sponsors intended.
Oriental Trading Company, Mrs. Grossman's Paper Co. and Milmark Sales

Hey Football Fans, here's how to WIN with Services

■ Pigskin Picks at the CAC

- Play for your chance to win Jacksonville Jaguars autographed merchandise.

*Sponsored in part by: Jacksonville Jaguars and Panasonic

■ Football Frenzy in the Pizza Pub

- AF Club Members could win a trip to an NFL game, the Super Bowl, the Pro Bowl, or a trip for four to Disney World or Disneyland.

*Sponsored in part by: Miller Brewing Co., American Airlines, Destination Arlington & Double Tree Alana Waikiki

*No federal endorsement of sponsors intended.

Pizza Pub • 283-3222

CAC • 283-2495



Skills Development Ctr.

☎ 283-4511

Auto Class

Oct. 31, 6 - 7 p.m. Radiator coolant drain and refill class. Coolant may be purchased in the Auto Hobby Shop. Maximum of 5 students - sign up now.

Honor Guard

☎ 283-4405

Buglers Needed

Call TSgt Harp 283-4405.

Marina Club

☎ 283-3059

Every Friday

Come check out our fish specials at lunch.

Sunday Breakfast 8-10 a.m.

Community Activity Ctr.

☎ 283-2495

Win a FREE Lunch

Win a free lunch from the CAC Snack Bar or Pizza Pub. All you have to do is put your name on the back of your receipt and put it in the drawing box. The next day, 5 names will be drawn and displayed. If your name is on the display board you get a free lunch that day! Value not to exceed \$5.

Balloon Sale

On sale now: 15 latex balloons for \$10

Pigskin Picks

Tony Duplechain is in the lead this week with 7 correct picks out of 12.

Tae Kwon Do Class

Get in shape and learn self defense.

Bonita Bay

☎ 283-3199

Boat Rental Special

Stop by Bonita Bay and rent a boat for half price! (Does not include fuel.) Call for details and availability.

Graphic Impressions

☎ 283-2228

Business Cards

Full Color cards with your photos or color logos for just \$20 per 200.

Color Copies Special

Every Friday 8 1/2" x 11" color copies are just 65¢ each.

Memo Pads

10 pads, 50 sheets each: \$16.50

Interested in Family Child Care?

Call Ina Crawford at
283-2266

Veterinary Clinic

☎ 283-2434

Special Hours

The veterinary clinic will be closed on Nov. 12, Nov. 16, Nov. 22 & 23.

Bowling Center

☎ 283-2380

Snack Bar Specials

■ Stacked Sandwich: Choice of ham, roast beef or turkey, with french fries and medium drink \$3.10

■ Oktoberfest Special: Knockwurst or bratwurst on roll with potato salad, kraut, baked beans and med. fountain drink \$3.25

Youth Center

☎ 283-4366

Basketball Registration

Through Oct. 31. Open to boys and girls ages 5-14 years old. Must have birth certificate at time of registration. Coaches needed for all age groups. Call Bruce for times, cost, and details.

Basketball Camp

Boys and girls, ages 9 to 18, may sign up for basketball camp to be run daily in the Youth Center gym from Oct. 29 to Nov. 2nd. Cost is \$10 and includes a T-shirt.

Designate Combined Federal Campaign #3014 - Tyndall Youth Programs.

Air Force Clubs

E' Club: 283-4357 • O' Club: 283-4146

Catering

Whether it's a private or official function, let us exceed your catering expectations.

Deluxe Brunch Buffet

All Ranks at the Officers' Club

November 18

9 a.m. - 12:30 p.m.

Members \$6.95

Non-Members \$8.95

Kids 6-12 \$3.75, under 6 eat free

Cashier's Cage

All ranks cashier's cage for account information, membership sign-ups and transfers, and bill payment at the O' Club, Mon.-Fri. 9 a.m.-3 p.m. Check cashing available at Enlisted Club during evening dining.

The 2001 Ultimate Membership Drive



10 Air Force winners get their choice of a Ford Ranger, Chevy Cavalier, Dodge Neon or \$8,500!

Sign up by November 18 to be eligible for the drawing. Current members are already entered to win! Bring in a new member and receive a coupon for \$10 towards dinner.

Sponsored in part by:



Lunch at O' Club

Lunch will no longer be served at the Enlisted Club. Please join us at the Officers' Club for lunch between 11 a.m. and 1:30 p.m.

